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## Diary Dates

### Friday 1 July

- Last day of school for Term 2

### Monday 18 July

- Staff Development Day – Pupil free day

### Tuesday 19 July

- All students K–6 return to school for Term 3
- Lunch Canteen Available

### Thursday 21 June

- Recess Canteen available

## Principal's Message

As we reach the end of another term, I would like to take the opportunity to thank students, staff, parents, carers and community members for their ongoing support to our school. It has been a very busy term full of exciting learning opportunities for all students; none of which would be possible without the hard work and dedication from our school community.

**Years 5/6 students** from our school have recently undertaken, an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage, and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian

Government subsidised each student under the **Parliament and Civics Education Rebate program** towards those costs. The rebate is paid directly to the school upon completion of the excursion. The students were all ambassadors for their school and Mrs Booth and I were proud of the way they conducted themselves over the three days. Please see photos in this edition of the school newsletter.

**Congratulations to Parker** who came in the top 20 at **Sydney North Cross Country Carnival**. Parker was the best performer for our Brisbane Water PSSA Zone by far. Our school will start cross country earlier next year and Parker may have the chance to compete again at Sydney North.

**Reports** go home today with the students. If you would like to collect your report from school, please call the office to collect. We encourage all parents to sit with their child and discuss the achievements and their efforts in semester one. Any parent who would like an interview regarding the semester one report can contact the school and make an appointment. All appointments will be held on a Wednesday next term.

We would like to wish all students and their family a safe and happy break. **School commences for students on Tuesday 19 July 2022**. Teachers return on Monday 18 July for professional learning sessions at Somersby Public School. Please remember there are many cost-effective events for children over the break on the Central Coast and families can make the most of a good day out at these opportunities. Our school is open for families to use with the **Share Our Space program**, and we invite you to use equipment, courts and ovals for active play opportunities with your kids. Thank you.

**Steve Collins**  
**PRINCIPAL**

# CANBERRA EXCURSION





## ZOO SNOOZE

On Thursday the 9<sup>th</sup> and Friday the 10<sup>th</sup> of June, the Stage 2 students attended an **overnight excursion staying at Taronga Zoo**. On the first day we arrived at *The Rocks*. We visited The Rocks Museum, took a tour of The Rocks and did some sightseeing. Walking under the Harbour Bridge was a highlight for many of the students. We arrived at the zoo late in the afternoon and received VIP access into some of the areas that were closed to the public. During the night we went on another tour of the zoo, this time see all the lights lit up for the **Vivid Festival** and then we got to meet some of the zoo's reptile friends. In the morning, the students received some VIP access in the zoo and were allowed to visit behind the scenes of the bird show. A final walk around the zoo as individual schools was had, with **Stage 2 getting to choose what animals they wanted to see**. We finished the zoo with a trip on the cable cart, getting to see all the zoo from up high. All the students had an amazing time, and I could not be more proud of their behaviour!

Please see student comments below of what they liked about the Zoo Snooze excursion and some photos of their adventures.

### Mr Webster KPS2 Teacher

**Ellie** – “I loved everything apart from the seal barking at night!”

**Mia** – “I loved all the bright Vivid lights!”

**Matilda** – “I liked staying in tents with my friends.”

**Leni** – “I liked hanging out with my friends on the bus trip.”







## Library News



Notes and emails have gone out for all overdue Library books. If you could please return them in Week 1 next term, that would be great.

Congratulations to our library prize winners:  
Week 7 & 8 - Jesse, Maher, Dominic & Ellie.  
Week 9 & 10 – Leo, Owen, Katie & Ellie

**Jess Freestone**  
**TEACHER/LIBRARIAN**





### Healthy doesn't = expensive

Packing everyday foods in the lunchbox can actually save you money.

Try these cost saving ideas:

- Swap from a chocolate muffin to two pikelets and save 40c.
- Buy fruit and vegetables that are in season
- Buy a big packet of rice crackers instead of individual serves and save 20c per serve



For more tips on saving money visit

[www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/tips/tips-to-save-money/](http://www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/tips/tips-to-save-money/)



## Community Announcements

**GET UP!  
STAND UP!  
SHOW UP!**

### CENTRAL COAST NAIDOC COMMUNITY DAY

**Tuesday 5th July, 2022  
10 am to 3 pm**  
The Entertainment Grounds,  
Gosford Racecourse

- Come together with family, friends and community for a fun filled day.
- Complete all stations in Health precinct (you'll receive a free shirt on completion - age 16yrs and over only)

- **Live Entertainment**
- **Free BBQ Lunch**
- **Health Checks**
- **Community Stalls**
- **Kids Rides & much more!!**

**Any enquiries contact  
Nunyara Aboriginal Health  
Unit on 4320 2698**



### Busting lunchbox myths!

Marketing and health claims can make choosing everyday foods very confusing.

Did you know that whilst a muesli bar contains healthy ingredients, the added sugar and fat make it a sometimes food?

Swap from muesli bars to sunflower or pumpkin seeds, roasted fava beans, Weet-bix bites, yoghurt or fresh fruit.



For more lunchbox myth busters, visit:

[www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/lunchbox-myths/](http://www.swapit.hnehealth.nsw.gov.au/resources/parent-resources/lunchbox-myths/)



### SCHOOL HOLIDAY FUN AT HUNTER REGION BOTANIC GARDENS

**Children's Discovery Day**  
10am-2pm Tuesday July 5  
\$5 per person

**Native Bee Talk**  
10am-11:30 Tuesday July 12  
\$20 per person (includes morning tea)

**Nature is Fun**  
10am-12pm Wednesday July 13  
\$5 per person

**Lego Display**  
All Day Thursday July 14  
& All Day Friday July 15  
\$5 per person

HUNTER REGION BOTANIC  
GARDENS

**BOOKINGS ESSENTIAL**  
 Ph: 49871655 | Email: [events@huntergardens.org.au](mailto:events@huntergardens.org.au)  
 Hunter Region Botanic Gardens  
 2100 Pacific Highway, Heatherbrae, NSW 2324



### Stay SunSmart this winter!

Although we are heading into winter, UV can still damage your unprotected skin. In NSW, UV levels are high enough to damage your skin for most months of the year, in northern NSW it's all months of the year! Make sure you continue to use all 5 forms of sun protection whenever the UV is 3 or above - SLIP on sun smart clothing, SLOP on SPF 30 or higher sunscreen, SLAP on a sun smart hat, SEEK shade, and SLIDE on sunglasses.

Check your local sun protection times each day via the free [SunSmart App](#).



SLIP



SLOP



SLAP



SEEK



SLIDE

Stay SunSmart this winter.

### Sunsmart Snippet

What's the UV right now?  
Think UV not heat. UV can't be seen or felt and can damage your skin on cool or cloudy days.




Check the SunSmart app everyday to find out your local UV levels and sun protection times to protect yourself from skin cancer.

Remember to SLIP, SLOP, SLAP, SEEK and SLIDE when the UV is 3 or above.



[sunsmartnsw.com.au](http://sunsmartnsw.com.au)







# Children's Discovery Day 2022

Tuesday, 5 July  
10:00am – 2:00pm

- \* Live Music
- \* Hunter Heroes
- \* Let's Love Water Show
- \* Raffle
- \* Educational Stalls
- \* Educational Children's Activities
- \* Lawn Games
- \* Kookaburra Café
- \* Plant Stall
- \* Guided Tours

Tickets are \$5 per person.  
<https://www.eventbrite.com.au/e/353392144417>

Phone: 49871655 | Email: [events@huntergardens.org.au](mailto:events@huntergardens.org.au)  
Hunter Region Botanic Gardens  
2100 Pacific Highway, Heatherbrae, NSW 2324



**Newcastle Coal**  
INFRASTRUCTURE GROUP

Sponsored by Newcastle Coal  
Infrastructure Group

<p><b>BOOK HERE</b></p>  <p><b>\$100 FOR 3 DAYS</b> <b>OR \$45 PER DAY</b></p> <p>5 TO 17 YEARS</p> <h1>BIG SHOTS</h1> <p><b>SCHOOL HOLIDAY BASKETBALL CAMP</b></p> <p><b>5TH - 7TH JULY 2022</b></p> <p>9AM - 12PM 5 TO 9 YEAR OLDS</p> <p>1PM - 4PM 10 TO 17 YEAR OLDS</p> <p>PROUDLY SUPPORTED BY:</p> <p>Community Bank East Gosford, Kincumber and Lisarow</p>  	<p><b>BOOK HERE</b></p>  <p><b>\$100 FOR 3 DAYS</b> <b>OR \$45 PER DAY</b></p> <p>5 TO 17 YEARS</p> <h1>CARVE UP THE COURT</h1> <p><b>SCHOOL HOLIDAY BASKETBALL CAMP</b></p> <p><b>12TH - 14TH JULY 2022</b></p> <p>9AM - 12PM 5 TO 9 YEAR OLDS</p> <p>1PM - 4PM 10 TO 17 YEAR OLDS</p> <p>PROUDLY SUPPORTED BY:</p> <p>Community Bank East Gosford, Kincumber and Lisarow</p>  
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<p><b>Central Coast Winter Chess Tournament for ages 6 to 17</b></p>		<p><b>Rated by NSW Junior Chess League</b></p>
<p><b>Entry fee \$20</b> includes lunch-pack Payment details and food options on contact with...</p> <p>Gary Losh <a href="mailto:glosh6090@gmail.com">glosh6090@gmail.com</a> 0432 453 726</p>	<p><b>Monday 11 July</b> <b>Must pre-enter by Thursday 7 July</b> Coast Community Church, Adelaide St, Tumby Umbi 9.30am – 4.00pm</p> <p>With an educational chess puzzle competition and lots of prizes. Practice puzzles provided on entry.</p> <p><b>Minimum ability: Must know how to move the pieces and complete games largely unassisted.</b></p>	